



# NC MATTERS

Making Access to Treatment, Evaluation, Resources, and Screening Better



919-681-2909 x2  
Mon-Fri 8am-5pm  
NCMATTERS.org

## WHAT IS IT?

**Free Consultation** for community providers around managing perinatal mental health and substance use

**Education and Support** to improve local providers' knowledge, confidence, and connections

## HOW DOES IT WORK?

Community providers access mental health services for their patients in three ways:

Answers to diagnostic and clinical questions



Referrals to local resources



Referrals to higher level of mental health care at UNC or Duke

## WHAT DO I NEED TO DO?



- Call the Consult Line and enroll in NC MATTERS\*
- Formulate your clinical question (have handy: screening tool results, past treatment plans, patient preferences, relevant family history)
- Expect a call back within 5-10 min, or schedule a call-back time that's convenient for you

## HOW CAN IT HELP ME?

- Get support caring for perinatal patients with complex needs
- Bridge gaps when local resources are not available
- Improve your knowledge base
- Make connections for perinatal patients with barriers to care (e.g., lack of insurance)



*The NC MATTERS program is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$2,670,000 with 0 percentage financed with non-governmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS or the U.S. Government.*