

Cardiac Conditions in Obstetric Care

Thursday, May 08, 2025 • 11:30 a.m. - 1 p.m.

Livestream Webinar

Target Audience

Obstetric nurses, emergency department nurses, midwives, nurse practitioners, physicians, maternal-fetal medicine specialists, critical care nurses, and other healthcare professionals involved in the care of pregnant patients.

Program Description

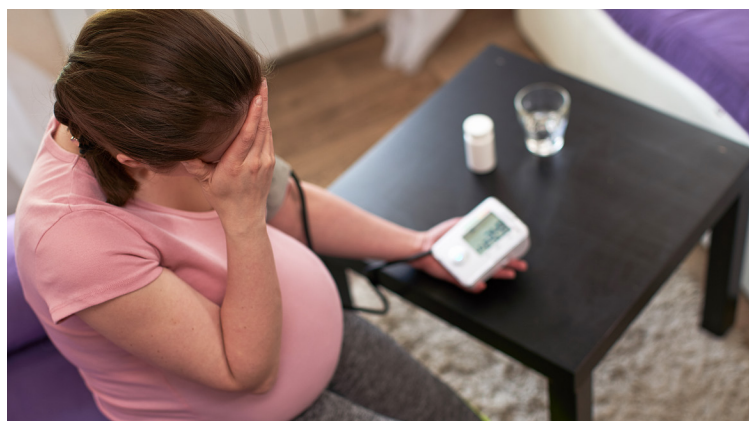
Cardiac conditions can significantly impact maternal health, requiring healthcare providers to recognize and respond to potential complications quickly. This course will explore common and high-risk cardiac conditions in pregnancy, emphasizing early identification, assessment, and management strategies. Participants will learn to differentiate between normal physiological cardiac adaptations and warning signs of serious complications. The course will also highlight key nursing interventions and stabilization techniques for obstetric patients in various clinical settings, including labor and delivery and the emergency department.

Learning Outcome

Upon completion of this course, participants will have increased knowledge in recognizing cardiac conditions in pregnancy, differentiating between normal and abnormal cardiac changes, and applying effective assessment and intervention strategies to support maternal health across clinical settings.

Objectives

- Identifying high-risk cardiac conditions in pregnancy, including peripartum cardiomyopathy, hypertensive disorders, and HELLP syndrome.



- Recognizing early warning signs of cardiac complications, such as heart failure, arrhythmias, and acute coronary syndromes.
- Differentiating between normal physiological cardiac changes in pregnancy and pathological conditions requiring urgent intervention.
- Discussing immediate nursing interventions and stabilization strategies for obstetric patients in both OB and ED settings.

Speaker

Midge Bowers DNP, FNP-BC, CHSE, FAANP, FAAN, FACC, Clinical Professor and Director Cardiology Specialty, Duke University School of Nursing

Fee

\$25.00

Agenda

11:15 a.m.	Log into Zoom
11:30 a.m.	Session Begins
1 p.m.	Adjourn

Credit

Contact Hours: 1.5

Nursing Contact Hours: 1.5 Nursing Contact Hours will be awarded to participants who attend 90% of this educational activity.

Southern Regional Area Health Education Center is approved as a provider of nursing continuing professional development by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Substitutes/Refunds/Transfers

- Cancellations must be in writing (fax, email, or mail)
- Registrants cancelling between two weeks and two full business days prior to the first day of the event are refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee.
- No refunds or credits will be given for cancellations received less than two full business days prior to the event.
- Cancellations greater than 2 weeks prior to the event will receive 100% refund.
- No vouchers will be issued in lieu of a refund.
- Transfers/substitute(s) welcome (notify in advance of the program)

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Register Online



Register here: <https://www.southernregionalahec.org/courses-and-events/75441> or scan the QR code.

ADA Service

Americans with Disabilities Act Individuals requesting accommodation under the Americans with Disabilities Act (ADA) should contact the ADA coordinator at least five days prior to the event at (910) 678-7240 or christi.boahn@sr-ahec.org.

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