

Perinatal Quality Collaborative of North Carolina



NAS Phase II Snapshot

A. Where are infants with known NAS cared for in your hospital? (check all that apply)

- Nursery
 NICU
 Peds Ward

B. Is it possible for NAS babies to be hospitalized in a single room at your facility, even if not currently the standard at your hospital(NICU, Pediatric Ward, other)?

- Yes
 No

C. Is there universal screening of all mothers at some point during the delivery admission for maternal drug use?

- Yes
 No

D. Is there universal screening for newborns by any methodology for newborn drug exposure?

- Yes
 No

E. Do you have an agreed upon, formal multidisciplinary guideline for the care of NAS infants developed by key stakeholders (RNs, MDs, Peds, FP, NICU as applies)

- Yes
 No

If "Yes", does the guideline/policy include:

1. Indications for screening for infants at risk for withdrawal?

Yes ___ No ___

If yes does this include:

- a) History Yes ___ No ___
b) Late prenatal care Yes ___ No ___
If yes, how is late prenatal care defined?

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- c) Known maternal history for drug use Yes ___ No ___
d) Positive maternal drug screen Yes ___ No ___
e) Unexplained abruption Yes ___ No ___
f) Infant with clinical signs of withdrawal Yes ___ No ___

2. Definition of a preferred screening method for infant drug exposure?

Yes ___
No ___

If yes, method is

- cord sample
 meconium
 urine
 combo urine/meconium



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3. A minimum period of observation for infants at high risk for NAS based on AAP guidelines?

Yes
 No

4. A single med recommended as the primary drug for NAS pharmacologic treatment?

Yes
 No

If yes, what is your primary medication?

Morphine
 Methadone
 Clonidine
 Phenobarbital

5. Clear support for breast-feeding unless there are contraindications, as per the AAP recommendations for care of NAS infants?

Yes
 No

6. Guidelines for instituting, escalating and weaning pharmacologic therapy?

Yes
 No

F. What percentage of the nursing staff has completed the Neo Advances Neonatal Abstinence Inter Observer Reliability Program?

0
 25%
 50%
 75%
 100%

G. Has your hospital instituted a 2nd staff nurse scoring an infant that has either scored at a specified level (8-12) or met criteria for escalation or rescue dosing of medication?

Yes
 No

H. Do parents participate in scoring of their infants?

Yes
 No

I. Do you have designated cuddlers (volunteers) who regularly hold infants with NAS when the parents/caregivers are not at the bedside?

Yes
 No



J. Is there a required education curriculum for NAS families that may be video or paper based that includes: (mark all that apply)

- What is NAS?
- What is withdrawal?
- When does withdrawal start?
- What are the symptoms of withdrawal?
- What is withdrawal scoring?
- Where will my baby receive care?
- How can I help my baby?
- How do I comfort my baby?
- Will my baby need medication for withdrawal?
- How long will my baby need medication for withdrawal?
- Where can I get help, information and support?
- When can my baby go home?
- What care does my baby need at home?
- When should I get help?

K. Do you require monitors for NAS babies?: (mark all that apply)

- Yes
- No