# HYPOGLYCEMIA TRACKING LOG







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### Neonatal Hypoglycemia Tracking Log

	ant will be n	aving seve	ral blood sugar	levels because	he or she is:
Smal Large Infan	Preterm Infar l for gestation e for gestation at of a Diabetion signs or symp	nal age n age c Mothers (	IDM)	Pt Sticker	
	Date of birth	n	Time o	of birth	
		-	-		s. Please let your erform the test.
Time	Blood Glucose Result	Time	Feeding type	Time Gel Given	Comments

Time	Blood Glucose Result	Time	Feeding type	Time Gel Given	Comments

When infant is discharged place this card in the Hypoglycemia Folder in the Nursery





## ACCESSING TRACKING TOOL

- www.pqcnc.com
- Under NHPC Initiative

#### Resources

- PQCNC NHPC Learning Session 2
- PQCNC 2019 Kickoff Presentations
- PQCNC NHPC Data Resources
- PQCNC NHPC Resources
- PQCNC NHPC Webinars
- Register Your Team!

More Resources

### PQCNC NHPC Resources

<u>Tracking tool to support Hypoglycemia protocol implementation</u> - PQCNC was proud to partner with Catherine Bennett CNS, from Advocate Lutheran General Hospital in Illinois, to bring North Carolina teams this supportive tool to measure compliance of how well your unit hypoglycemia at-risk algorithm is being followed. Simple instructions to optimize use of the tool are as follows:





## **ISSUES**

- PARENTS FORGETTING TO CALL FOR BG CHECK PRIOR TO FEEDING
- EPIC DIFFICULTIES
  - DIFFICULT TO DIFFERENTIATE PRE/POST PRANDIAL GLUCOSES
  - EVALUATE TYPE AND QUALITY OF FEEDING IN RELATION TO GLUCOSES.
- POOR DOCUMENTATION OF EDUCATION ON HYPOGLYCEMIA
  - NO FLOWSHEET LINE OR CARE PLAN TO DOCUMENT ON HYPOGLYCEMIA



## **EPIC VIEW**

Results Review & Last Refresh:	10/3/2019 1008 💖	Time Mar <u>k</u> <table-cell-rows></table-cell-rows>	ack → Forward	≣ <u>V</u> iew → L⊫ H	ide Tree   💾 R	efRange   Loa	d <u>A</u> ll	More → 22 2	?
Search: Glucose, POC	☐ Hide data p	prior to: 9/30/20	Use D	ate Range Wizard	Newest F	ir <u>s</u> t Old	est Firs <u>t</u>		
ALL TOPICS		2 9/30/2019 1802	3 9/30/2019 1534	4 9/30/2019 1434	5 9/30/2019 1313	6 9/30/2019 1151	7 9/30/2019 0912	8 9/30/2019 0750	
□-BLOOD □-CHEMISTRY □-CHEM □-ENDOCRINE	<b>DIABETES</b> Glucose, POC	<b>61</b>	<b>51</b>	52 🗸	40 🗸	41 🗸	47	<b>33</b>	*

	Admission (Current) from 9/30/2019 in 5 WH NURSERY UNCW							
		9/30/19						
	0920	1000	1030	1100	Last Filed			
Feeding Information								
Breastfeeding Status	Yes		Yes		Yes			
Feeding Type	Breast		Breast		Bottle;Breast			
Reasons for not Breastfeeding								
Feeding Readiness Assessment								
Non-Nutritive Suck								
Nipple Type					SlowFlow nipp			
Specialty Bottle								





## **REVIEW & REVISIONS**

- DISCUSSED AT PQIT MEETINGS
- PRESENTED FOR FEEDBACK AT DIVISION & CLINICAL PRACTICE COUNCILS IN MATERNITY CARE CENTER (NEWBORN & POST-PARTUM)
   AND NCCC
- CREATED TWO LOGS
  - 1 WITHOUT GEL TO IMPLEMENT RIGHT AWAY
  - 2<sup>ND</sup> LOG THAT INCLUDED COLUMN FOR GEL



### **OBSTACLES**

- TRACKING LOG WAS DEEMED PATIENT EDUCATION AND THEREFORE WAS REQUIRED TO BE APPROVED BY PATIENT EDUCATION COMMITTEE
  - BOTH WOMEN'S & CHILDREN'S
  - RECEIVED RUSH APPROVAL (~2 WEEKS)
- HAD ALREADY PROVIDED EDUCATION
- REQUIRED RE-WORDING AND EDITS
- WANTED HYPOGLYCEMIA, ITS SYMPTOMS, TREATMENT ETC. EXPLAINED IN TRACKING LOG
  - HAD SEPARATE EDUCATION DOCUMENT FOR THIS (STILL IN EDUCATION COMMITTEE)



#### ALTERATIONS

- ADDED INITIAL APGAR SCORE <6 &</li>
   MATERNAL B-BLOCKER USE
- REVISED TO INCLUDE INFANTS ON PROTOCOL BY PROVIDER ORDER RATHER THAN DUE TO SYMPTOMS
- INCLUDED FEEDING VOLUME AND SUGGESTIONS FOR TYPE
- CHANGED TO 1 PAGE DESIGN FOR EASIER PRINTING

□ Had an initial Apgar score < 6	
□ Infant of a mother on beta-blockers	
(medications for high blood pressure; for exam	ple labetalol)
□ By provider order due to	

Feeding Type & Volume (breast, colostrum, donor milk, formula)



#### Neonatal Hypoglycemia Tracking Log





#### Neonatal Hypoglycemia Tracking Log



					<b></b>	v				,
□ Less than 37	weeks	al blood sug	ar levels checked beca Patient Sticker	use he or she is:	Time	Blood Glucose Result	Time Gel Given	Feeding Time	Feeding Type & Volume (breast, colostrum, donor milk, formula)	Comments
☐ Small for ge	_								, , , , , , , , , , , , , , , , , , , ,	
☐ Large for ge										
□ Infant of a d										
☐ Had an initia	l Apgar score	< 6								
□ Infant of a n (medication			; for example labetalol	)						
□ By provide:	order due to									
Date o	f Birth		Time of Birth							
			ore your infant feeds. P	•						
knov	v when your l	paby gets hu	ingry so they can perfo	rm the test.						
Time Gluce Rese	se Gel	Feeding Time	Feeding Type & Volume (breast, colostrum, donor milk, formula)	Comments						
						This	lan ak-	uld an	ish infant if trans	

This log should go with infant if transferred to NCCC.

When infant has completed the protocol, return this card to Newborn Nursery (Tube Station #261) & place in the Hypoglycemia

Box.





## **IMPLEMENTATION**

- EDUCATED NURSING STAFF IN NEWBORN, POST-PARTUM, NCCC
- DISSEMINATED TO ALL UNITS (L&D, NBN, POST-PARTUM, NCCC, ANTEPARTUM)
  - STAFF MEETINGS
  - NEWSLETTERS
  - EMAIL
- GO LIVE MAY 20<sup>TH</sup> 2019
- SUBMITTED 1<sup>ST</sup> VERSION FOR TRANSLATION



## SPANISH VERSION





#### Hipoglucemia neonatal Registro de seguimiento

Patient Sticker



Neonatal Hypoglycemia Tracking Log

MU	NC
	H CARE

#### Hipoglucemia neonatal Registro de seguimiento Neonatal Hypoglycemia Tracking Log

<b>(0)</b>	

Se controla	rán los	niveles	de	azúcar	a si	ı bebé	pord	iue:
oc controla	i aii ios	IIIVCICS	uc	azacai	a 3	a nene	POIG	uc.

Es un	bebé	prematuro	tardío:	menos	de 37	semanas

i Es pequeno para su edad gestaciona	1
--------------------------------------	---

□ Es grande para su edad gestacional

□ Es un	bebe	de	madre	diabetica	(IDM)

□ Tuvo un puntaje de Apgar inicial bajo

ш	L3	un	nene	ue maure	que	toma	perapioquean	

ш	M.	eticion	uei	pro	veed	OI (	depic	10	a	

Fecha de nac.		Hora de nac.	
---------------	--	--------------	--

Estos análisis de sangre se realizan antes de que el bebé se alimente. Informe a su enfermero/a cuándo el bebé tenga hambre para que le realice la prueba.

su emermero/a cuando el bebe tenga nambre para que le realice la prueba.							
Hora	Resultado de glucosa en sangre	Hora de alimentación	Volumen y tipo de alimentación (pecho, calostro, DBM, fórmula)	Comentarios			

Translated by UNC HealthCare Interpreter Services, 07/24/19

Hora	Resultado de glucosa en sangre	Hora de alimentación	Volumen y tipo de alimentación (pecho, calostro, DBM, formula)	Comentarios

This log should accompany infant if transferred to NCCC.

When infant has completed the protocol, return this card to Newborn Nursery (Tube Station #261) & place in the Hypoglycemia Box.

- Translated portions that family needed
- Left nursing instruction in English
- Long wait period
  - Now using gel and waiting on log w/ gel to be translated



## **NUTS & BOLTS**

- DUAL FILE FOLDER IN NEWBORN NURSERY WITH BLANK & COMPLETED LOGS.
- NEWBORN NURSE BRINGS TRACKING LOG WITH HER TO INITIAL NBN ASSESSMENT
- FILLS IT OUT, ORIENTS PARENTS & TAPES TO BASSINET
- FILLED OUT BY RN OR NA WHO DOES BG OR ASSISTS W/ FEEDING
- ONCE INFANT PASSES HYPOGLYCEMIA PROTOCOL THE LOG IS PLACED IN COMPLETED FILE IN NBN
- EACH MONTH COLLECTED AND STORED IN LOCKED FILE CABINET



## EPIC DOCUMENTATION

CREATED EPIC DOTPHRASE .NBNHYPOGLYCEMIA

INFANT PLACED ON HYPOGLYCEMIA PROTOCOL DUE TO {NBNINDICATIONHYPOGLYCEMIAPROTOCOL:59995}. TRACKING TOOL PROVIDED AND EXPLAINED TO PARENTS. EDUCATION PROVIDED TO PARENTS:

- 1. IMPORTANCE OF SKIN TO SKIN
- 2. FREQUENT FEEDINGS
- 3. IMPORTANCE OF CALLING RN FOR GLUCOSE MONITORING PRIOR TO FEEDING

PARENTS VERBALIZED UNDERSTANDING OF EDUCATION PROVIDED.





## NICU INVOLVEMENT

- TRACKING LOG SERVES AS A RESOURCE FOR NICU PROVIDERS DETERMINING IF NICU ADMISSION IS APPROPRIATE
- ASKED THAT LOG GO WITH INFANT WHEN TRANSFERRED TO NICU, THEN BE RETURNED TO NBN
- ALLOWS US TO TRACK USE OF IV FLUIDS



#### Neonatal Hypoglycemia Tracking Log



Your infant will have several blood sugar levels checked because he or she is:

☐ Late preterm infant: less than 37 weeks

□ Small for gestational age

☐ Carge for gestational age

Infant of a diabetic mother (IDM)

☐ Had a low initial Apgar score

☐ Infant of a mother on beta-blockers

☐ Has signs or symptoms of low blood sugar

Date of Birth 5/17/19

Time of Birth

**Patient Sticker** 

Example

0900

These blood tests are performed **before your infant feeds**. Please let your nurse know when your baby gets hungry so they can perform the test.

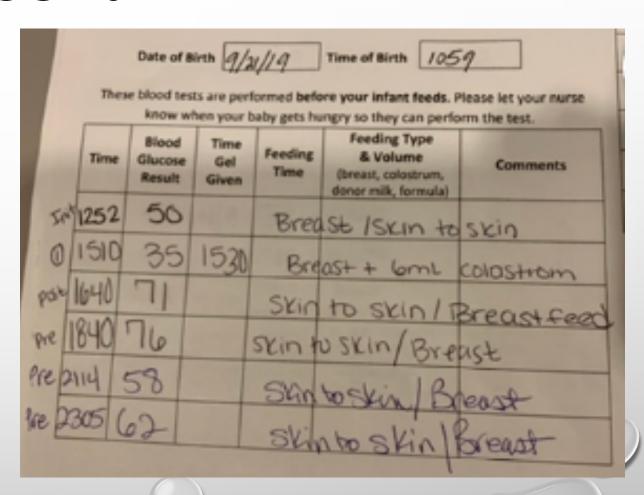
Time	Blood Glucose Result	Feeding Time	Feeding Type & Volume (breast, colostrum, DBM, formula)	Comments
10:33	17	10:35	Breast + 10 ML OBM	DBM W/SNS
11:30	23	11:32	ISML UDN	DBM W/SNS transferred to NCC
11:55	29	just fed	ues	010 belus + 010 @ 17.5/°
12:30	41	6 Po Cheg		1010 15 mL/°
13:30	53	13:32	DBM 15 mL bottle	(no charge)
15:30	67	15:35	Breast+ DBM	+ 010 12.5/°
17:45	62	17:50	Breast	+ 010 101.



## **STRUGGLES**

- LOG IS NOT COMPLETED
- OR NOT IN ROOM WITH PARENTS/BABY

- ~80% OF LOGS ARE COMPLETED
- 50% OF BABIES ADMITTED TO NICU HAVE LOGS
  - UNCLEAR IF THEY GET LOST IN NICU OR NEVER
     GET SENT WITH BABY

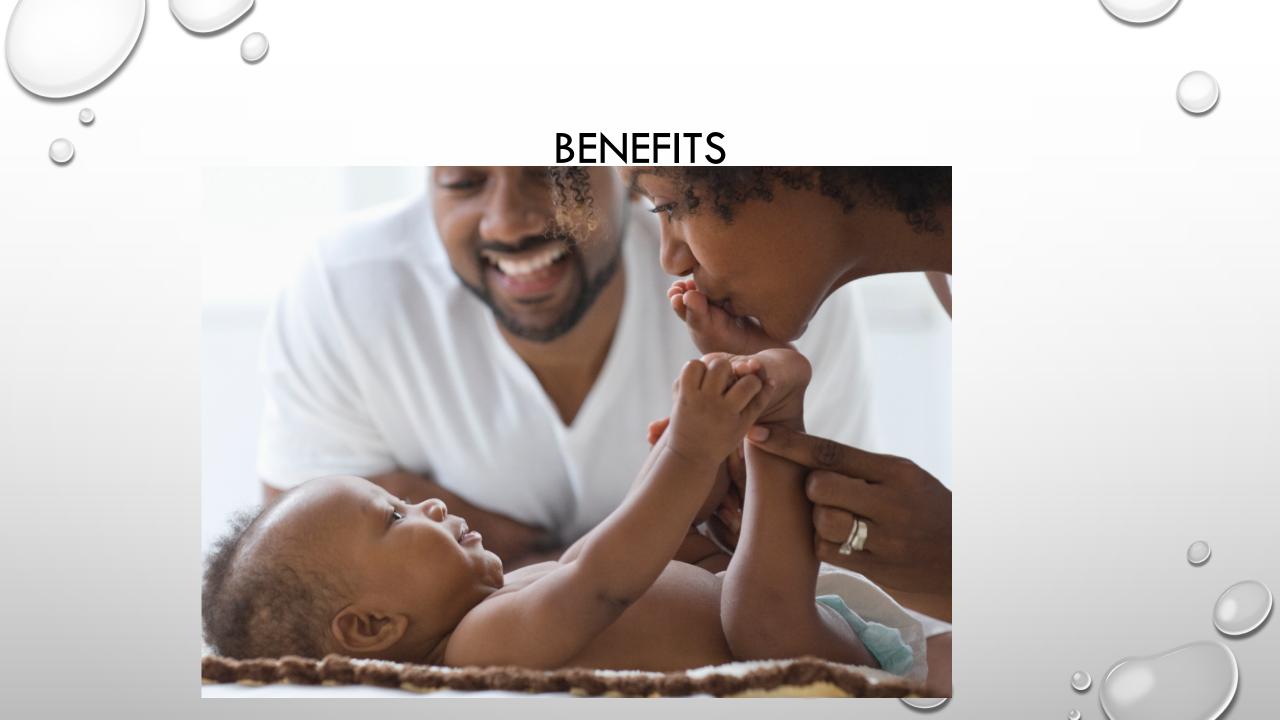




### **BENEFITS**

- PROVIDES CONTINUITY BETWEEN SHIFTS AND PROVIDER CHANGES
- ALLOWS NICU TO ASSESS GLUCOSE TRENDS & RESPONSIVENESS TO FEEDING/GEL
- ASSISTED WITH DETERMINING APPROXIMATE DOSES OF GEL TO LOAD IN PYXIS
- DETERMINED TIME FROM LOW BG TO GEL DOSING IN 1<sup>ST</sup> FEW WEEKS OF GEL
- HELPED TO DETERMINE FEEDING PATTERNS AROUND GEL
- ADDS ADDITIONAL INFO IF CONCERNS OR ISSUES RISE ON SPECIFIC PATIENT

· ce	0120	60		0130	Blast, sim (1	2ml)	L	
1000	0319			0320	Bilast, 500 (0			
				1520	Similar Bottle (	to not apply befor 2	hrs	
0930	0741	39	0815	0920	Gol & 12ml Similar			
	0916	59				<del>spitting</del> up		0
	1110	49		1155	Breast & lactation	& interested		





## **FUTURE DIRECTIONS**

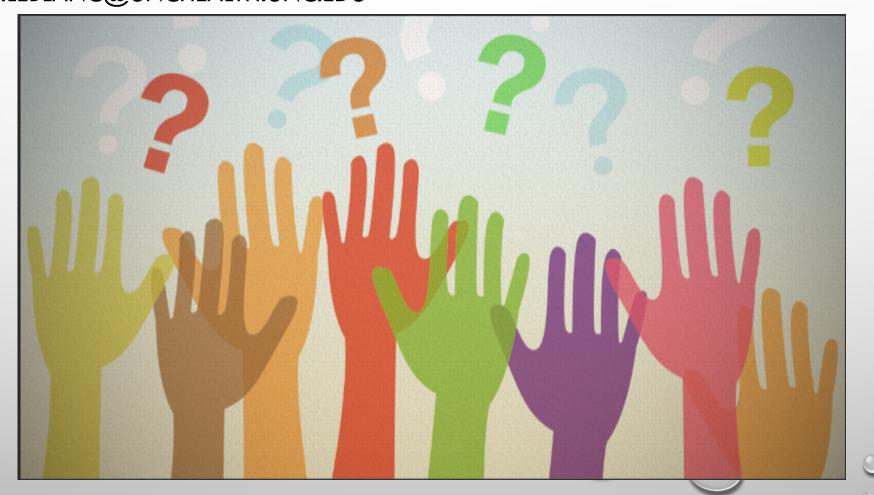
- DISCUSSING HAVING LOG SCANNED INTO MEDIA OF EPIC AS OFFICIAL PART OF EMR
  - MAY MEET REQUIREMENTS FOR REASSESSMENT OF PRN MED DOCUMENTATION

- CONSIDERING NURSING STAFF INITIALING
  - WOULD ALLOW FOR CLARIFICATION OR EDUCATION IF ISSUE



# QUESTIONS

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# THANK YOU **UNC-CH PQIT**



#### **NBN/POST-PARTUM**

- JAMIE HAUSHALTER
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- ASHLEY WALLACE
- KELLI BENSON
- CARL SEASHORE
- ASHLEY WALLACE

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