Simple instructions to optimize use of the Neonatal Hypoglycemia Tracking Tool are as follows:

* Ensure nurses caring for at-risk hypoglycemic newborns are educated on the tool (they will own the success of this process)
* Instruct them to introduce the tool to parents of the at-risk newborn, taking the time to outline why the tool is important, why they are monitoring their newborn and the importance of them calling the nurse prior to feeding so a pre-prandial glucose level can be obtained. (excellent opportunity to educate family)
* Each time a feeding and/or intervention occurs, it should be documented on the tool
* Once newborn is discharged, no longer being monitored or transferred for higher acuity care, the form should be collected and reviewed

**Your newborn will be having several blood sugar levels because he or she:**

\_\_\_\_is Late Preterm: less than 37 wks

\_\_\_\_is Small for gestational age

\_\_\_\_is Large for gestation age

\_\_\_\_is a newborn of a Diabetic Mothers (IDM)

\_\_\_\_is a newborn of a mother on a beta blocker (Labatolol/ Normodyne)

\_\_\_\_had an Apgar score at 1 minute less than 6

\_\_\_\_Has signs or symptoms of low sugars

Date of birth \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Time of birth\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

These blood tests are performed **before your newborn feeds**. Please let your nurse know when your baby gets hungry so that the test can be performed.

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| **Time** | **Blood**  **Glucose**  **Result** | **Time** | **Feeding**  **type** | **Time**  **Gel Given** | **Comments** |
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**Your newborn will be having several blood sugar levels because he or she:**

\_\_\_\_is Late Preterm: less than 37 wks

\_\_\_\_is Small for gestational age

\_\_\_\_is Large for gestation age

\_\_\_\_is a newborn of a Diabetic Mother (IDM)

\_\_\_\_is a newborn of a mother on a meta blocker (Labatolol/ Normodyne)

\_\_\_\_had an Apgar score at 1 minute that was less than 6

\_\_\_\_Has signs or symptoms of low sugars

Date of birth \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Time of birth\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

These blood tests are performed ***before your newborn feeds***. Please let your nurse know when your baby gets hungry so that the test can be performed.

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**Neonatal Hypoglycemia Tracking Log** 

**Neonatal Hypoglycemia Tracking Log** 

Pt Sticker

Pt Sticker

Pt Sticker

Adapted from Advocate Lutheran General Hospital Hypoglycemia tracing tool.

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| **Time** | **Blood**  **Glucose**  **Result** | **Time** | **Feeding**  **type** | **Time**  **Gel Given** | **Comments** |
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When newborn is discharged place this card in the Hypoglycemia Folder at the nurses station under the chart rack

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